

MIRCIM 2016

McMaster International Review
Course in Internal Medicine



The State of the Art in Internal Medicine

ICE Congress Centre
Kraków
6–7 May 2016

www.mircim.eu



Organizers

McMaster University
Department of Medicine
Hamilton, Canada



Medycyna Praktyczna
Kraków, Poland



Organized in collaboration with

Jagiellonian University
Medical College
Kraków, Poland



Medical Center
of Postgraduate Education
at the Jagiellonian University
Kraków, Poland



Polish Society of Internal Medicine



Official endorsement

European Federation of Internal Medicine



International Society of Internal Medicine



The event is co-funded by the Faculty of Medicine,
Jagiellonian University Medical College, Leading National
Research Centre 2012–2017

Dear Colleagues,

It is with great pleasure that we invite you to attend the 2nd McMaster International Review Course in Internal Medicine, which will take place in Krakow, Poland in May 2016, thanks to an inspiring collaboration between the McMaster University Department of Medicine, Jagiellonian University Medical College and the Polish Society of Internal Medicine. The two-day course will be filled with a number of information-packed lectures delivered by an outstanding assembly of 30 speakers, who are world-renowned experts in their fields.

MIRCIM 2015 gathered participants from 28 countries representing Europe, North America, Asia, Africa and Australia. Over 85% of attendees expressed interest to participate again. On a scale from 1–5, the average level of satisfaction with the course was over 4.75.

The aim of MIRCIM 2016 is an accessible presentation of the most practical, up-to-date, evidence-based knowledge useful in everyday practice. The presentations will provide a unique opportunity to discuss the most relevant statements presented in the latest guidelines, with take-home messages for immediate implementation in your patients' care.

The broad array of issues analysed during the lectures and panel discussions will undoubtedly benefit a wide audience of general internists, subspecialists, hospitalists, family physicians, residents and fellows in training specialising in internal medicine. The sheer diversity of topics makes the McMaster Course a uniquely rich educational experience, providing the basis for a holistic approach to challenges faced today by medical professionals around the world.

The McMaster Course will take place in Krakow, a charming historic city in the south of Poland and home to the Jagiellonian University, one of the oldest universities in the world. A few days spent in Krakow during the course, organized in a modern venue right in the city centre, will offer a myriad of opportunities to experience the rich cultural life and remarkable heritage that the city boasts.

We hope to do everything in our power to make your stay an educational and memorable experience. We look forward to seeing you in Krakow in May 2016.

Co-chairs of the Organizing Committee

Akbar Panju
MB ChB FRCP(C)
FRCP(Edin)
FRCP(Glasg) FACP

Paul O'Byrne
MB FRCP(C) FRSC

Piotr Gajewski
MD PhD FACP

Speakers



Prof. Jonathan Adachi
McMaster University,
Hamilton, Canada



Prof. Khalid Azzam
McMaster University,
Hamilton, Canada



Prof. Luigi Bartalena
University of Insubria,
Varese, Italy



Prof. Shannon Bates
McMaster University,
Hamilton, Canada



Prof. Bernd W. Böttiger
University Hospital Cologne,
Cologne, Germany



Prof. Bhaskar Dasgupta
Southend University
Hospital, Southend, UK



Prof. James Douketis
McMaster University,
Hamilton, Canada



Prof. Jürgen Floege
RWTH Aachen University,
Aachen, Germany



Prof. Andreas Freitag
McMaster University,
Hamilton, Canada



Prof. Hertzell Gerstein
McMaster University,
Hamilton, Canada



Prof. Sanjit Jolly
McMaster University,
Hamilton, Canada



Prof. John Kelton
McMaster University,
Hamilton, Canada



Prof. Francesco Locatelli
Alessandro Manzoni
Hospital, Lecco, Italy



Prof. Mark Loeb
McMaster University,
Hamilton, Canada



Prof. Barry Lumb
McMaster University,
Hamilton, Canada



Prof. Peter Malfertheiner
Otto-von-Guericke University
Magdeburg, Germany



Prof. John Marshall
McMaster University,
Hamilton, Canada



Prof. Franz H. Messerli
Icahn School of Medicine at
Mount Sinai, New York, USA



Prof. Paul Moayyedi
McMaster University,
Hamilton, Canada



Prof. Paul O'Byrne
McMaster University,
Hamilton, Canada



Prof. Wieslaw Oczkowski
McMaster University,
Hamilton, Canada



Prof. Nicholas Pavlidis
University of Ioannina,
Ioannina, Greece



Prof. Piotr Ponikowski
Wroclaw Medical University,
Wroclaw, Poland



Prof. Luca Richeldi
University of Southampton,
Southampton, UK



Prof. Holger Schünemann
McMaster University,
Hamilton, Canada



Prof. Maria Tiboni
McMaster University,
Hamilton, Canada



Prof. Filip Van den Bosch
Ghent University,
Ghent, Belgium



Prof. Jeffrey Weitz
McMaster University,
Hamilton, Canada



Prof. Lori Whitehead
McMaster University,
Hamilton, Canada



Prof. Mark Woodhead
University of Manchester,
Manchester, UK



Prof. Salim Yusuf
McMaster University,
Hamilton, Canada

May 6, 2016

- 8.00–8.10 **Welcome and Introductions**
MIRCIM Co-Chairs: Prof. Akbar Panju, Prof. Paul O'Byrne, Dr. Piotr Gajewski
- 8.10–8.30 **Cardiopulmonary resuscitation and emergency cardiovascular care: key messages from new guidelines**
Prof. Bernd W. Böttiger (University of Cologne, Cologne, Germany)
- 8.30–8.50 **Update on the management of deep vein thrombosis and pulmonary embolism**
Prof. Jeffrey Weitz (McMaster University, Hamilton, Canada)
- 8.50–9.10 **How to manage anticoagulation in patients undergoing invasive procedures**
Prof. James Douketis (McMaster University, Hamilton, Canada)
- 9.10–9.30 **Thrombosis in women**
Prof. Shannon Bates (McMaster University, Hamilton, Canada)
- 9.30–9.50 **A practical approach to a patient with thrombocytopenia**
Prof. John Kelton (McMaster University, Hamilton, Canada)
- 9.50–10.20 **Panel Discussion**
- 10.20–10.40 **Refreshment Break**
- 10.40–11.00 **Glomerulonephritis: an update**
Prof. Jürgen Floege (RWTH Aachen University, Aachen, Germany)
- 11.00–11.20 **How to manage anemia in patients with chronic kidney disease**
Prof. Francesco Locatelli (University of Brescia, Brescia, Italy)
- 11.20–11.40 **Mineral and bone disorders in chronic kidney disease: what should the internist know**
Prof. Jürgen Floege (RWTH Aachen University, Aachen, Germany)
- 11.40–12.00 **Secondary arterial hypertension: when, who, and how to screen**
Prof. Franz H. Messerli (Icahn School of Medicine at Mount Sinai, New York, USA)
- 12.00–12.30 **Panel Discussion**
- 12.30–13.30 **Lunch Break**
- 13.30–13.50 **Managing NSTEMI acute coronary syndromes in 2016**
Prof. Sanjit Jolly (McMaster University, Hamilton, Canada)
- 13.50–14.10 **Infective endocarditis: current management and prophylaxis to be announced**
- 14.10–14.30 **Acute heart failure: management according to the latest guidelines**
Prof. Piotr Ponikowski (Wroclaw Medical University, Wroclaw, Poland)
- 14.30–14.50 **How to prevent a cardiovascular event**
Prof. Salim Yusuf (McMaster University, Hamilton, Canada)
- 14.50–15.20 **Panel Discussion**
- 15.20–15.40 **Refreshment Break**
- 15.40–16.05 **Hashimoto thyroiditis and other autoimmune diseases of the thyroid gland**
Prof. Luigi Bartalena (University of Insubria, Varese, Italy)
- 16.05–16.30 **Bariatric surgery in diabetes and obesity**
Prof. Maria Tiboni (McMaster University, Hamilton, Canada)
- 16.30–16.50 **Emerging approaches to the treatment of type 2 diabetes**
Prof. Hertzell Gerstein (McMaster University, Hamilton, Canada)
- 16.50–17.20 **Panel Discussion**



Day 2

May 7, 2016



- 8.00–8.10 **Welcome to Day 2**
- 8.10–8.30 **Community-acquired pneumonia: current management**
Prof. Mark Woodhead (University of Manchester, Manchester, UK)
- 8.30–8.50 **Current management of tuberculosis: key messages for clinical practice**
Prof. Lori Whitehead (McMaster University, Hamilton, Canada)
- 8.50–9.10 **Common interstitial lung diseases: practical tips for non-specialists**
Prof. Luca Richeldi (University of Southampton, Southampton, UK)
- 9.10–9.30 **Non-invasive ventilation: what non-intensivists should know**
Prof. Andreas Freitag (McMaster University, Hamilton, Canada)
- 9.30–9.50 **Asthma COPD overlap syndrome**
Prof. Paul O'Byrne (McMaster University, Hamilton, Canada)
- 9.50–10.20 **Panel Discussion**
- 10.20–10.40 **Refreshment Break**
- 10.40–11.00 **Maastricht V: what is new in the management of H. pylori infection**
Prof. Peter Malfertheiner (Otto v. Guericke University, Magdeburg, Germany)
- 11.00–11.20 **Celiac disease and other forms of gluten intolerance in adults**
Prof. Paul Moayyedi (McMaster University, Hamilton, Canada)
- 11.20–11.40 **Changing approaches to inflammatory bowel disease management**
Prof. John Marshall (McMaster University, Hamilton, Canada)
- 11.40–12.00 **Nonalcoholic fatty liver disease – current management**
Prof. Barry Lumb (McMaster University, Hamilton, Canada)
- 12.00–12.30 **Panel Discussion**
- 12.30–13.30 **Lunch Break**
- 13.30–13.50 **Osteoporosis prevention and treatment: when pharmacologic intervention is justified**
Prof. Jonathan Adachi (McMaster University, Hamilton, Canada)
- 13.50–14.10 **Polymyalgia rheumatica: current management**
Prof. Bhaskar Dasgupta (Southend University, Southend, UK)
- 14.10–14.30 **Tailoring therapy in spondyloarthropathies**
Prof. Filip Van den Bosch (Ghent University, Ghent, Belgium)
- 14.30–14.50 **Should I start using point of care ultrasound in my clinical practice**
Prof. Khalid Azzam (McMaster University, Hamilton, Canada)
- 14.50–15.20 **Panel Discussion**
- 15.20–15.40 **Refreshment Break**
- 15.40–16.00 **Diagnosis and prognosis in cancer of unknown primary origin**
Prof. Nicholas Pavlidis (University of Ioannina, Ioannina, Greece)
- 16.00–16.20 **Antibiotic resistance: how to handle in clinical practice**
Prof. Mark Loeb (McMaster University, Hamilton, Canada)
- 16.20–16.40 **Headache: when to worry**
Prof. Wieslaw Oczkowski (McMaster University, Hamilton, Canada)
- 16.40–17.00 **Past, Present, and Future of Evidence Based Medicine: A tribute to Dr. David Sackett**
Prof. Holger Schünemann (McMaster University, Hamilton, Canada)
- 17.00–17.30 **Panel Discussion**
- 17.30–17.40 **Closing Remarks**

Concert

Accordion Furioso

Live in Concert:

Motion Trio featuring AUKSO Chamber Orchestra



On Friday evening, following a rewarding day of lectures, the participants will be treated to a unique musical feast – Accordion Furioso, performed by Motion Trio featuring the Aukso Chamber Orchestra.

The renowned Polish accordion group known as Motion Trio was established by Janusz Wojtarowicz, a creator of the “accordion trio” idea, which is becoming a popular and entertaining form of musical expression. Janusz Wojtarowicz, the author of most compositions performed by Motion Trio, along with Paweł Baranek, and Marcin Gałążyn are world class accordionists using all advantages and sound possibilities of the accordion in their creative work.

They have gained the respect of both critics and audiences, performing concerts in 36 countries all over the world, on all continents. They have given performances in some of the most reputable concert halls in the world, including the Warsaw Opera House, New York's Carnegie Hall, the Konzerthaus in Vienna, London's Barbican Centre, and the Comédie-Française in Paris.

AUKSO Chamber Orchestra – In February 1998, one of Europe's most interesting chamber music ensembles came into being. A group of the graduates of the Music Academy in Katowice, Poland, together with Marek Moś, an outstanding violinist, conductor and chamber musician, created an orchestra, which was to be for them more than only a place of work – rather an area of artistic quest and creative development fostering the creation of art of the highest value.

May 6, 2016
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This is how AUKSO was born; the name, chosen by the ensemble – a Greek word meaning growth / to grow – is not accidental; expressing the musicians aspirations, it is also marking the direction of their professional path. It's telling about the need for perfecting oneself and, as a consequence, about picking up the gauntlets and being receptive.

* This event is fully funded by Medycyna Praktyczna

6–7 May 2016

ICE Congress Centre, Kraków

www.icekrakow.pl

Fees

Regular fee: 280 €

Residents/Nurses/Other Health Professionals: 200 €

Low – Middle Income Countries: 140 €

Students: 100 €

Group discounts are available for 3 or more people attending from the same organization/institution. Please contact secretariat@mircim.eu for more details.

The fee covers:

- participation in all lectures and panel discussions
- printed course materials
- access to additional educational materials published on the website after the course
- coffee breaks and lunches
- ticket to a concert by Motion Trio featuring Aukso Chamber Orchestra
- special discount for airline tickets (Star Alliance), accommodation discount (hotels in Kraków)
- sightseeing passes discount

Please register

- Online: www.mircim.eu
- By mail: secretariat@mircim.eu
- By phone: +48 12 293 40 04

Course secretariat

Medycyna Praktyczna

Cholerzyn 445

32-060 Liszki

secretariat@mircim.eu

Motion Trio Photo: Jacek Poremba

